Ileana Eugenia Dascalu

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Education

Bachelor's Degree in Kinesiotherapy and Special

Movements at The University of Craiova, Romania, 2014. HCPC Physiotherapist registration: PH124233 Member of CSP: 112233 Member of ACPIVR UK

Courses and qualifications

Care certificate, 2017 Level 3 NVQ in Health and Social Care, 2019 Moving and handling Train the Trainer Course, 2019 Principles of Dementia Course, 2020 Enhanced Vestibular Rehabilitation Therapy Course, Dizzy Care Clinic, UK, 2022 BPPV course, part 1&2 by ACPIVR UK, 2023.

Experience

- June 2021 to present- Physiotherapist at My Physio London:

- delivery of community rehabilitation sessions to elderly patients.
- provision and implementation of balance and fall prevention rehabilitation programme.
- devising and delivery of group exercise classes.
- functional rehabilitation.
- post-surgery/long hospitalization rehabilitation
- assess for and provision of walking aids.
- full UK driving licence and my own car.

- working independently with full support of a Senior Physiotherapist.
- CSP membership.

- March 2021 till December 2021- Senior Physiotherapy Assistant at EPUT, Mental Health Hospitals:

- participation in MDT handover
- devising and delivery of group-based exercise programme
- delivery of individual therapy programme as directed by a qualified physiotherapist.
- community rehabilitation to adult patients
- record notes on the trust intranet in the agreed format
- administration tasks: taking phone messages, booking appointments, communication with community patients.
- participation in monthly department meetings.
- working within a multidisciplinary team with full support and supervision from a Senior Physiotherapist.

- Oct. 2020 to May 2021- Senior Care Assistant at Cinnamon Care Collection in Kenley, Surrey

- Jan 2018- Mar 2020, Senior Care Assistant at Signature Senior Lifestyle at The Beeches, Brentwood

Nov 2016- Nov 2017, Care Assistant at Bluebird Care Gravesend, Kent.
Aug. 2010- Nov. 2016, Beauty Therapist at Ilenovita Serv SRL, Craiova, Romania

Oct. 2001- June 2006, Beauty Therapist at Bella Studio in Turin, Italy
Sep. 1996- Sep. 2001, Beauty Therapist at Farsco Service SRL, Craiova, Romania.

Languages: fluent in Romanian, Italian and English.

Skills: good IT skills, good interpersonal skills, experience in working with public.

Thank you for your attention. Please don't hesitate to contact me for further details.

Ileana Dascalu